

PolAm

A Publication of the Polish American Cultural Institute of Minnesota www.pacim.org

July/August 2008

PACIM Summer Picnic3

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Masurian Lake District4

Vol. 30, Num. 7/8

PACIM's Artist Exchange Program

By Joanna Sułek-Mańkowska

Urodziła się w 1969 roku w Bielsku-Białej. Absolwentka Liceum Sztuk Plastycznych im. Juliana Fałata w



Bielsku-Białej. Studia ukończone na Uniwersytecie Śląskim filia w Cieszynie na Wydziale Pedagogiczno-Artystycznym, w pracowni malarstwa

Adianka Alfreda Biedrawy.

Kierownik Magazynu Sztuk – filii



Ośrodka Kultury Ochoty:

Warszawa ul. Filtrowa 62 lokal 230.

Instruktor grupy młodzieżowej Forma i wyobraźnia. Organizator: wernisaży i wystaw promujących młodych artystów, plenerów młodzieżowych, warsztatów artystycznych dla młodzieży i dorosłych, imprez plenerowych związanych z działaniami artystycznymi. Autorka licznych scenografii teatralnych m.in.:

"Kopciuszek," "Młodość Kossaka"

"Planeta Gnu."

Od 1998 roku zajmuje się witrażem. Autorka projektów m.in. Witraży w Hotelu Rialto w Warszawie, Sufitu w budynku J.W Construction w Markach koło Warszawy, Witraży drzwiowych i okiennych w Pensjonacie w Załubicach Starych.

Ostatnie wystawy:

2004 r.:

- "Miron-inspiracje" -reliefy gipsowe Budynek Urzędu Dzielnicy Ochota m.st. Warszawy

2005 r.:

- "Pejzaż w malarstwie" Budynek Urzędu Dzielnicy Ochota m.st. Warszawy

2006 r.:

- "Dni Ochoty na Ukrainie" Iwano-Frankiowsk, Lwów

- "Afryka" Jadłodajnia Filozoficzna – Warszawa

-Wystawa zbiorowa "W blaskach i cieniach rzeczywistości rytm życia zapisany" Biblioteka Publiczna w Raszynie

-II Poplenerowa wystawa pracowni plastycznych Ośrodka Kultury Ochoty - Galeria Wodociągów Łazienki Królewskie

2007 r.:

-Noc Kenijska w Jadłodajni Filozoficznej (zobacz obrazy)

-Piękno Kolorów Świata w Bibliotece Publicznej w Raszynie (zobacz obrazy) 7 Biennale Małych Form Malarskich - Toruń

Artist Exchange continues on page 3

Rzeszów Festival

by Karina Rajtar

Forty-three Polish folk dance groups from fifteen countries will come together in Poland this summer for a week of concerts, parties, and fun.



Twin Cities' own Dolina Polish Folk Dancers

The fourteenth *Światowy Festiwal Polonijnych Zespołów Folklorystycznych* (World Polish Folk Group Festival) will take place July 16th through the 24th in Rzeszów, Poland. This festival, which occurs every three years, features Polish folk dance groups from across the world in a week of performances in Rzeszów and surrounding towns. This year's participants come from both Poland's neighbors, like Germany, Russia, and the Czech Republic, as well as overseas, such as groups from the United States, Brazil, and Australia.

The groups spend a week performing three Polish numbers both in Rzeszów and in surrounding towns, where they are often greeted warmly with a dinner and

Rzeszów Festival continues on page 3

**Membership Form For
Polish American
Cultural Institute of Minnesota
612-378-9291**

www.pacim.org

___ Patron	\$150
___ Donor	100
___ Sponsor	75
___ Household/Friends	40
___ Member (includes newsletter)	25
___ Newsletter	15
___ 1st Class Postage (optional)	6
___ ACPC Membership (optional)	5

Total: _____

Please add \$5 to the above membership levels, if you wish to join the American Council for Polish Culture (ACPC) through PACIM (a 50% discount).

Subscription Note: With the postal increase this spring we have made the following changes effective immediately. Since non-profit mail is NOT forwarded but returned 75 cents postage due if you travel south for the winter please add \$6 to your basic subscription rate of \$15. This ensures you will receive your *Pol-Am* by first class mail all year long and forwarded by the Post Office to your winter abode. Anyone else who wishes to receive their *Pol-Am* by first class mail all year long should add \$6 to their renewals.

Name _____
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 City, State, Zip _____
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 E-mail _____

Make checks payable to PACIM and send this form with your check to:
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 PO Box 18403
 Minneapolis, MN 55418-0403

PolAm

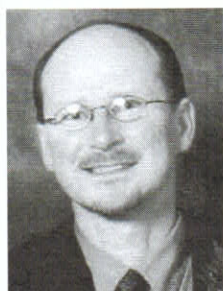
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 Judith Blanchard, Events Coordinator
 Jerzy Hornik, Writer
 Karina Rajtar, Writer
 Patricia Beben, Proofreader

We appreciate your continued support. Dziękuję!

Thoughts

This summer PACIM will once again host a picnic/open house for our volunteers and the public at our Institute on August 10th,



please check the Events for details.

The Polish American Cultural Institute of Minnesota is a non-profit organization. We receive no funding or grants from

the government, foundations or corporations. Our revenue is dependent on our membership fees, event fees and the very generous donations from those of you who support us and our mission. We have no paid staff. Let me repeat that, no paid staff. All are volunteers who are busy with their careers, families and other obligations. We as an organization are dependent on our volunteers, including board members, officers and project leaders. We attempt to the best that we can, with the resources available to us, but unfortunately sometimes we fall short and we apologize that we cannot be all things to all people.

It is often said that volunteering can be a thankless job, and I hope that we at least do a decent job of making our volunteers feel valued and appreciated, but it hurts when naysayers on the sidelines make critical comments without coming to the plate or volunteering to help us improve. This does not mean we do not welcome constructive feedback to improve our events and programs; we do and we cannot remain relevant to the needs of the community if we weren't.

European visitors to the pioneer settlements here in America were struck by the sense of community of the American pioneers. Even before buildings were built in

the new towns and cities, there would already be a newspaper, government, schools and churches functioning, all created by the community for the community and oftentimes held in tents or the outdoors until buildings could be constructed. None of this was organized by the government, but by the new townsfolk. This volunteerism for the common good still remains strong in American society. We are a nation of volunteers, we don't rely upon the government to build, organize and fund our organizations; we do it ourselves as a group of individuals with a common purpose, and so it is with the Polish American Cultural Institute of Minnesota, a group of people dedicated to preserve and celebrate our Polish heritage. I want to thank all those who tirelessly volunteer to get this newsletter out to you each month. The writers are vital to the newsletter's purpose, George Hornik, Karina Rajtar, Gilbert Mros, Joseph Beben among others have contributed more than once. Judith Blanchard puts together the Events page as well as the Library page. Phinee Zak keeps us informed about the Little Falls area. Special thanks to Patricia Beben our proofreader who polishes our grammar and punctuation. For Bruce Rubin who takes all our copy and photographs and fits them in and gives *Pol-Am* its professional look, words cannot express the debt we owe him. Finally, to the volunteers who get *PolAm* ready to mail: Don Paidosh, Lucy & Roman Marsalek, Judith Blanchard, Irene Colston, Pat Bumgarner, Jackie and Frank Padula, Gloria Bergstrom, Fran Toler and Phyllis Husted, and double thanks to Phyllis for taking the mailing to the Bulk Mail Center and sending it on its way to your mailbox. Dziękuję!

Until next month,

Steven

Steven Ukasick

New and Generous Members:

New Members:
 Doris Brown
 Małgorzata Ewa Poplawska-Keefe
 Mary May

Sponsor:
 Londa Beachem & Jim Boren

Friends:
 Joe & Pat Beben
 Mr. & Mrs. Gilbert Mros
 Gloria Bergstrom
 Julie Smendzuik-O'Brien

Artist Exchange continues

-Spotkanie III - Bielsko Biala
-Wystawa indywidualna - MOK w
Legionowie (zobacz relację fotograficzną i
wybrane orbazy).



Obrazy olejne, akwarele znajdują się u prywatnych kolekcjonerów w USA, Ukrainie, Watykanie, Bolonii i Danii.



Joanna will host an Opening Reception and Exhibit of her work on September 19 at Northrup King Building, 1500 Jackson St. NE,

Gallery 332, from 6:00—9:00 pm. A number of her paintings will be available for sale.

Rzeszów Festival continues

spend some time singing and dancing with the townspeople. Many groups also participate in a concert of dances from their own countries.

At the end of the festival there is a Gala Concert in which each group performs a five minute dance. The groups then join together in a finale featuring all of the groups. The Gala Concert, which is on the 23rd this year, is generally broadcast on TV Polonia, allowing anyone with the satellite channel to see the performance.

The Twin Cities' own Dolina Polish Folk Dancers have participated many times since 1983, most recently in 2005. While in Poland, they have taken the opportunities to attend workshops with Polish choreographers, purchase costumes, and get to know more about the country they represent each time they perform.

The festival, which will celebrate 40 years in 2009, gives groups a chance to reconnect with the culture they share with others in their own countries while providing a unique and wonderful display of the international scope of the Polish community.

St. Agnes Men's Club

The St. Agnes Men's Club along with Chester Rog of Polish American Services continues to collect and send gently used clothing, toys and toiletries to orphanages in Poland. Shipping these items to Poland is expensive and donations are gratefully accepted for this noble cause. If you can help, please send your donation to St. Agnes Men's Club, c/o Bernard Koalska, 95 W Rose Ave, St. Paul, MN 55117.

Recent donations include: John Gray \$5, Mrs. Houles \$15, Mr. and Mrs. James Silgen \$40, St. Anthony-Maria Hilf Council \$45. Chester Rog and the Men's Club are very grateful for their generosity.

Single Haux

This spring the Architectural World was abuzz with the "Single Haux" concept presented by Paweł Kobrynski, Wojciech Krawczuk and Marcin Sakson of the Poznań based Front Architects. In their words:



"**Single Haux**—a kind of manifest, proposal of a house/shelter for a Western Worlder. The "basic unit of society," as marriage is called, is no longer the only model of life. As a detached single occupant house unit, The Single Haux is a kind of architectural-social manifesto about single people," Kobrynski says. But it can also provide a refuge even for the happily married, 'because every one of us sometimes needs a place where we can be alone.' Single Haux fills a kind of a void in the field of housing proposal for so called "singles." Inspired by a city billboard, it is designed as an object suitable for almost every place on earth. It is especially predisposed for sites of an interesting landscaping. For instance forests, seas, lakes, mountains, meadows—but, on the other hand, just next to the main city street."

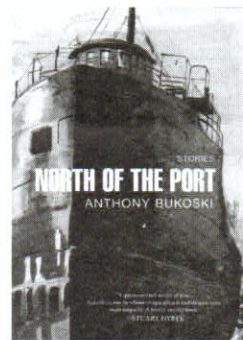
PACIM Summer Picnic and Open House

Sunday August 10th at 1-3pm

Come and enjoy a traditional American picnic at our Institute at 2514 Central Ave NE, Minneapolis. Everything will be provided. All are welcome especially all our volunteers that make it possible for PACIM to carry out its mission. If you have never been to our Institute and library this will be an excellent time to tour our library with its 4400 titles in both Polish and English. Hope to see you!
—Your hosts: The PACIM Board

An Evening with Anthony Bukoski

Author Anthony Bukoski is a Superior, Wisconsin native and professor at the University of Wisconsin at Superior. His stories have been featured on Wisconsin Public Radio, National Public Radio, and in live performance in the "Selected Shorts" series at Symphony Space in New York City.



His books include: *Children of Strangers* (1993), *Polonaise: Stories* (1999), *Time Between Trains* (2003), and *North Of The Port* (2008). These four collections of short stories have been well received by critics and readers alike and *North of the Port* is hot off the press.

The Polish American Cultural Institute of Minnesota brings Mr. Bukoski to the Twin Cities this September 27th at 7 pm at the PACIM Institute, 2514 Central Ave NE, for an evening with the author, including book sales, signing, reading and chatting with the author. He will read his story, "The Shadow Players," as well as a paragraph or two from different stories of his. Don't miss this evening. Come, meet Anthony and engage in some no doubt spirited and interesting conversations!

We here in the land of 10,000 lakes grow up with an intimate knowledge and pride in the lakes and forests of Northern Minnesota. Even as a child of the prairie of southwestern Minnesota I appreciated the region since each summer the entire family would fill the car at 4 am and head up north for or summer vacation. Our Boundary Waters Canoe Area (BWCA) is world renown and a jewel of the L'Etoile du Nord.

However, we are not alone... in Poland there is the *Kraina Tysiąca Jezior*, the Masurian Lake District, the land of a thousand lakes, coincidentally located in the northeastern part of the country as is the case in Minnesota. And it was the same geological forces that created both landscapes -the glaciers. They created the many hundreds of lakes including Poland's largest, *Śniardwy* of some 44 square miles (twice the size of Lake Minnetonka), 14 miles long by 9 miles wide including eight islands.

The Lake District is located in the Warmian-Masurian Voivodeship. This voivodeship is the least densely populated in Poland and forests and lakes occupy nearly 30% of the area. There are many parks and nature preserves making it Poland's natural playground (even Pope John Paul II enjoyed kayaking and camping in the region). Warmia-Masuria boasts eight Landscape Parks which are parks similar to our State Parks in which nature is preserved but recreation and other activities are allowed in a balanced manner. Also finding a home in the region is the The Łuknajno Lake nature reserve (part of Masurian Landscape Park) The lake is the site of a nature reserve, and since 1977 has been designated a UNESCO Biosphere Reserve and Ramsar site, because of its importance as a breeding ground for water birds.

Warmia-Masurian Landscape Parks

- Brodnica Landscape Park
- Dylewo Hills Landscape Park
- Elbląg Upland Landscape Park
- Górzno-Lidzbark Landscape Park
- Iława Lake District Landscape Park
- Masurian Landscape Park
- Puszcza Romincka Landscape Park
- Wel Landscape Park



Poland's Masurian Lake District

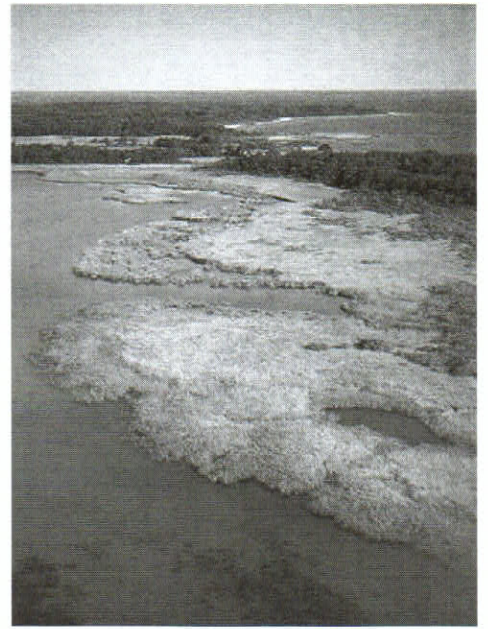
By Steven Ukasick

According to the UNESCO Biosphere Reserve Directory:

“The Łuknajno Lake Biosphere Reserve is located 5 km east of the town of Mikolajki in the Masurian Lakes region in north-east Poland. This shallow freshwater lake of glacial origin is surrounded by marshes and meadows and is connected with nearby Śniardwy Lake by a channel. Already in 1937, Łuknajno Lake was put under protection due to its large number of mute swans. In 1977, it was designated as a Ramsar site, being a

wetland of international importance.

Faunistic and ecological studies are carried out in and surrounding the biosphere reserve, for instance on population dynamics and landscape changes. At the field station of the University of Warsaw, located at the lakeshore, students learn about the lake ecosystem and conferences take place here. Łuknajno Lake Biosphere Reserve is also a popular destination for tourists and is especially known among ornithologists.”



The Polish American Cultural Institute of Minnesota is a 501(c)(3) non-profit organization and all donations are tax deductible to the extent limited by law. Please consider including us in your tax and estate planning. We appreciate your generous support.

The Board of Directors of PACIM holds their monthly meeting on the first Thursday of the month at 7 pm at the Institute: 2514 Central Ave NE. All are invited.

Kalendarz

AUG 10 PACIM Summer Picnic
SEP 19 Warsaw Artist, Joanna Sulek-Malinowska Exhibition
SEP 27 Anthony Bukoski Book Event
Late SEP An Evening of Polish Poetry
OCT 5 PACIM Annual Meeting
OCT 26 PACIM SoupFest

Polish American Cultural Institute of Minnesota Annual Meeting Notice

The 2008 Annual Meeting will be held Sunday, October 5th at 1 pm social and 1:30 meeting. Meeting will be at the Institute, 2514 Central Ave NE, Minneapolis with parking available behind the building. Refreshments will be available.

Election of President and Treasurer and 6 Board Member positions will be up for election. Any bylaw changes must be presented to the general membership one month in advance. For further information, email Steven at pacim2006@yahoo.com or 612-822-2322. If you would like to run for any of the open positions please let Steven know. Here is your chance to make your concerns heard and your ideas a reality.

PACIM Library

PACIM Library
2514 Central Avenue NE
Minneapolis, MN 55418
Hours: Sundays from 1 to 3:30 pm
The Library will be closed August 31 for the Labor Day holiday

An Evening with Polish Poetry

Coming in late September, an evening listening to Polish poetry in the original Polish and English translations. Poems from Adam Zagajewski, Krzysztof Kamil Baczyński, Wiesława Szymborska and others.

Library

We are still looking for volunteers to work in the Library on Sundays once every month to six weeks. Training will be provided. It is fun meeting and talking with the people who come in. Please call Judith at 763-571-9602 for more information.

For July and August, we purchased 11 DVDs and cataloged close to 50 new items. I encourage our Polish readers to come in to look over the beautiful nearly-new books donated by Zofia Kuzdzal, Professor Leonard Polakiewicz, Phyllis Husted, and John Stanek.

If you are in the area of the Library, stop by to see our window on Katyń which was designed by seventh grader Monika Bueltel as a middle school National History Day project. It shows the chronological order of events which occurred at the massacre of Polish soldiers, border guards, and others in the forest at Katyń. The back of the display contains 15,000 names of people who are known to have been murdered in the spring of 1940. The professionalism of the display will amaze you.

Our thanks to Peter Ludwig and his family for supplying our rides for the Fridley and Columbia Heights parades. Thanks also to our Miss Polonia, Aneta Toporowska; Phyllis Husted and her grandchildren; and Jeanette Buchan and her grandson for representing PACIM in these parades. It was our first time participating in the Fridley 49'er parade and we were extremely pleased with the response we received from the parade watchers.

We hope you all will consider attending the PACIM picnic in the backyard of the Institute, 2514 Central Avenue on Sunday, August 10, from 1 to 3:30 PM.

— Judith Blanchard, *Librarian*

Echos from the North

News from Little Falls, Minnesota

Greetings. I hope spring has been good to all, but I know some readers may have had mishaps because of our unpredictable weather. Please know that all who suffered damage are in our prayers. We have been very lucky here, some farmers are having problems but none like other areas of the state and nation.

Only three of our members made the PACIM trip to Chicago this year but they reported having a wonderful time, despite some inclement weather. Good company and pleasant activities made up for that.

Geri Wotzka has initiated a new project and has asked the Polish Echos for their help and prayers. She would like to erect a shrine to the Divine Mercy here in Little Falls. I think this would be a very wonderful and worthwhile project for our club to take on. We are just in the planning stages but anyone who would be interested and would like more info please call me. Thus far we do not know of a location for the shrine.

Right now we are planning for our big summer picnic. Pete & Joys Bakery of Little Falls will be catering the meal and it will be held in one of our beautiful parks. Plans are also underway for the celebration of the Feast of Our Lady of Czestochowa. We usually have a Mass said for our members followed by a social.

Last week I received a working copy of a book titled *The Long Lost Province, Polish Silesia*, written by James Rudolph. It is not published yet, but the parts that I read were very interesting and informative, another book for our library.

Once again I invite you to stop at Our Lady of Lourdes. I would love to meet you and give you a tour of our church, and remember "Bring a Friend."

Blessings to all,

— Phinee Zak, *President, Polish Echos*
320-632-2652

PACIM Officers and Board of Directors:
President: Steven Ukasick, Vice-President:
Judith Blanchard, Treasurer: Marie Przynski,
Secretary: Paul Rog; Directors: Irene Colston,
Charlene Delaney, Anastasia Dzenowagis,
Jowita Haugen, Phyllis Husted, Terry Kita,
Bernard Korsak, Justyna Kottke, Bruce Rubin,
Ania Scanlan, Aneta Toporowska

Events

By Judith Blanchard

Many events are given to us well in advance of the actual date. Please call the contact information to verify particulars.

To list your event or to be added to our last minute email updates (put "Polish Update" on the subject line), contact Judith at judytam@usfamily.net

This Update is a service provided by the Polish American Cultural Institute of Minnesota. We invite your membership and participation in our goal of promoting Polish and Polish-American culture.

July 13, 2008

MPA Picnic Potluck Bash

The annual Midwest Polka Association picnic starts noon, East Shelter of Aquatore Park in Blaine. FREE — invite family and friends — bring a dish to share. The MPA will provide Polish sausages, buns and their traditional root beer floats. Dance to Art Ohotto's band. It's also a jam session, so we invite other musicians to bring their instruments and join in and play for the dance.

July 17-20, 2008

Pulaski Polka Days

Dance to the nation's top polka bands at Pulaski, Wisconsin's 30th Annual Polka Days. For more information call 920-822-3869 or click <http://www.pulaskipolkadays.com>.

July 24, 2008

Bye-Bye Iron Curtain

A look at the 20th anniversary of Eastern Europe's rejoining the rest of the world in a concert that's Czech, Russian, Polish, Albanian, Rumanian and Hungarian, featuring Polish-born concertmaster of the Minneapolis Pops Orchestra Michał Sobieski. Nicollet Island Park, 40 Power Street, Minneapolis at 10:30 AM. For more information, call 612-230-6400 or see www.minneapolisparcs.org.

August 3, 2008

Member Appreciation Dance

Sgt. John Rice VFW, 1374-109th Ave. NE, Blaine (corner of 109th and Central

Avenues). Free for all current MPA members (bring your membership card). Non-members can join MPA at this dance-and get free admission to the dance. Band— Dave Novak and the Polish Choice. Music from 2:00-6:00 PM. Questions? Call 763.428.9649 or email: edbudzinski@embarqmail.com.

August 10, 2008

PACIM Picnic

PACIM's summer gathering in the backyard of the Institute, 2514 Central Avenue NE starting at 1:00 to 3:30 PM.

August 14, 2008

Tamburitzans Dance Performance

The Tamburitzans ethnic dance group from Duquesne University will perform at Moundsview High School, 1900 Lake Valentine Road, Arden Hills, Minnesota at 7:00 PM on August 14. To purchase tickets call 651-639-6020. Or sign up for a show/dinner package offered by the Chapel Chummies. The \$40 includes transportation from NE Minneapolis, dinner at the Old Country Buffet and a ticket to the show. The bus leaves at 5:00 PM and returns around 10:00 PM. To reserve a seat, call 612-789-8869.

August 17, 2008

Gennie O & The Next Step Band from Chicago

Murzyn Hall, 530 Mill St. NE, Columbia Heights, 2:00-6:00 PM. Questions? Call 763.428.9649 or email: edbudzinski@embarqmail.com.

September 27, 2008

Book Event

Anthony Bukoski will read and speak about his books and their Polish American themes. Come get to know this author from Superior, Wisconsin and perhaps go home with a book or two. Begins at 7:00 PM at the PACIM Library, 2514 Central Ave NE in Minneapolis.

September 19, 2008

Artist Showing Opening

PACIM will be bringing Polish artist Joanna Sulek-Malinowska to Minneapolis for a showing of her work at the Northrup King Galleries, 1500 Jackson St. NE on September 19. Opening reception in Gallery 332 from 6 to 9:00 PM. Information: Irene at 612-729-5911.

September 20, 2008

Polish Genealogy Society Meeting

Program at MGS Library, 1185 N. Concord St., South St. Paul, MN will feature genealogist Danuta Jampolska, Foreign Exchange Co-coordinator for the Ochota Cultura Center in Warsaw. Information: Terry Kita 612 927 0719 or terrykita@earthlink.net

Polish Language Classes

PACIM Polish Language Class

PACIM is pleased to offer a full academic year of beginning Polish starting this coming fall and ending the spring of 2009. This weekly class will be held at the Institute and will be taught by Iwona Srienc. Details will be coming later. If interested, please email us at pacim2006@yahoo.com and we will update you by email when specifics of the class are available.

Polish 1101 Beginning Polish (5 credits) will be offered by the University of Minnesota in Folwell Hall on the East Bank on Tuesdays from 6:10 PM to 9:30 PM beginning September 2. The instructor is Professor Leonard Polakiewicz. Senior citizens 62 and older wishing to audit the class for \$10 per credit should attend the first class and get the instructor's permission to attend before registering. For registration information, please contact Continuing Education Office at 612-624-4000 or 612-625-1384.

Polish Language and Culture Classes

The Columbia Heights Sister Cities Committee holds free informal Polish classes from 6:30 PM to 8:00 PM in the Gauvitte Room of Murzyn Hall on the second and third Monday of each month starting in September. Ania Antus will be teaching. This year, instead of starting at the beginning, we will have a couple weeks of review and then continue where we left off this spring at lesson 9 in the We Learn Polish text by Barbara Bartnicka. We expect that any new students will have some basic familiarity with Polish and will be able to start at that point. For information call Gil Mros at (763) 571-1166.

People



Józef Bem
Patriot and Resistance
Fighter

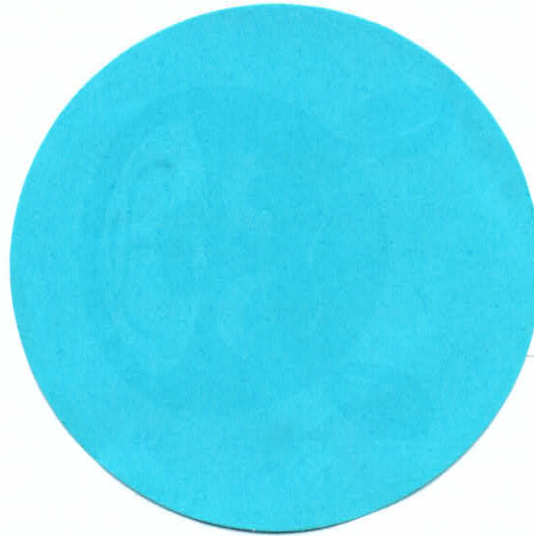
Born 1794 in Austrian Poland and attended Military School in Kraków. In 1812 he joined Napoleon on his Russian Campaign. After a few years in both the Russian and Austrian parts of Poland he took an active part in the November uprising in 1830. Afterwards he fled to Paris and then took part in the Hungarian uprising against Austria. When the Russians put down this revolt he fled to the Ottoman Empire where he died as Governor of Aleppo (Syria) in 1850. His remains were brought to Tarnów in 1929. The Hungarian Uprising of 1956 began at the statue honoring him in Budapest.



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Rzeszów, Masurian Reg



Rzeszów: population of 170,722 (2008)

Founded in 1354 by king Casimir III of Poland. For a long time it was just a domain of the noble family of Lubomirski, one of the most important in Poland.

Masurian Lakes Region

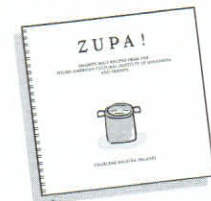
A lake district in northeastern Poland containing more than 2,000 lakes. The lake district was shaped by the Pleistocene ice age.

Polish Word Tips

Jezioro —Lake
Morze —Sea
Ziemia —Land
Dzewo —Tree
Las —Forest
Pustkowie —Wilderness
Tańczyć —to dance
Tancerz —male dancer
Tancerka —female dancer
Taniec ludowy —Folk Dance
Szutka —Art
Artysta —Artist
Obraz —painting
Farba —Paint
Malarz —Painter
Wystawa —Exhibition

ZUPA!

Favorite Recipes From The
Polish American Cultural Institute of Minnesota
Annual Soup Festival



39 SOUP & 11 ACCOMPANIMENT RECIPES
WITH STORIES AND COOKING TIPS FROM THE CHEFS
56 PAGE SOFT COVER \$15 INCLUDES S&H CHECKS TO: PACIM

ZUPA C/O STEVEN UKASICK
5317 BRYANT AVENUE S., MINNEAPOLIS, MN 55419
612-822-2322 PACIMNEWS@YAHOO.COM

Apartment for Rent:

upper level duplex in prime location in NE Mpls, close to churches and bus line. 2 large bedrooms, spacious living room and large kitchen. Apartment size washer & dryer included. Garage available in winter. Call Ewa: 763-424-4278